

VSP Computer VisionCare PlanSM

Almost 90% of those who work on computers at least three hours a day suffer from eye trouble. This makes eyestrain the most common complaint of office workers. The culprit? It may be Computer Vision Syndrome, a condition that comprises a wide range of issues from extended computer use, including neck and shoulder pain, headaches, dry irritated or fatigued eyes, blurred vision and loss of focus. The solution? VSP's Computer VisionCare Plan.

Plan Coverage

WellVision ExamSM	• Covered in full thorough eye exam, specifically designed to detect eye health and vision issues caused by regular computer use • Access to VSP's national network of doctors
Necessary Corrective Lenses	• Covered in full necessary corrective lenses with a minimum prescription of ± 0.50 diopters and a prescription difference of ± 0.50 diopters from member's everyday prescription • Single vision, lined bifocal and lined trifocal lenses are covered in full • Pink and Rose tints up to 20% are covered in full • Cost controls on lens options, saving our members an average of 30%
Frames	• Frames are covered in full up to the retail allowance • 20% off any amount exceeding allowance • Flexible frame allowances

Value-added Benefits

Computer VisionCare Vision Therapy	• Coverage available for eligible members prescribed vision therapy specific to computer use
Laser VisionCare ProgramSM	• VSP-contracted laser centers provide discounts for laser surgery, including PRK, LASIK and Custom LASIK* • Discounts average 15% off or 5% off if the laser center is offering a promotional price
Member Education Materials	• Educational information and tips for proper eyecare while using a computer • Easily integrate into a workplace ergonomics program

* Custom LASIK coverage only available using wavefront technology with the microkeratome surgical device. Other LASIK procedures may be performed at an additional cost to the member.