

# 2021 Summary of Benefits

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## Blue Shield Inspire (HMO)

### **Medicare Advantage Prescription Drug Plan**

Alameda County

# 2021 Summary of Benefits

## Blue Shield Inspire

### Alameda County

Effective January 1, 2021 – December 31, 2021

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please refer to the **Evidence of Coverage (EOC) at [blueshieldca.com/MAPDdocuments](https://www.blueshieldca.com/MAPDdocuments) or by calling** Customer Care at **(800) 776-4466** [TTY: **711**], 8 a.m. to 8 p.m., seven days a week, from October 1 through March 31, and 8 a.m. to 8 p.m., weekdays (8 a.m. to 5 p.m., Saturday and Sunday), from April 1 through September 30.

**Blue Shield Inspire** includes Part D coverage, which provides prescription drug coverage, offering you the convenience of having both your medical and prescription drugs covered through one plan.

To join **Blue Shield Inspire**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. **Our service area includes Alameda County.**

If you want to know more about the coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Our plan Provider Directory is located on our website at [blueshieldca.com/find-a-doctor](https://www.blueshieldca.com/find-a-doctor).

Our plan Pharmacy Directory is located on our website at [blueshieldca.com/medpharmacy2021](https://www.blueshieldca.com/medpharmacy2021).

To get the most complete and current information about which drugs are covered, you can visit our website at [blueshieldca.com/medformulary2021](https://www.blueshieldca.com/medformulary2021).

# Summary of benefits

Blue Shield Inspire (HMO)  
Alameda County

January 1, 2021 - December 31, 2021

Premiums and benefits	You pay	What you should know
<b>Monthly plan premium</b>	\$45	You must continue to pay your Medicare Part B premium in addition to the plan premium, if applicable.
<b>Deductible</b>	\$0	
<b>Annual out-of-pocket maximum amount</b>	\$5,000	Does not include Part D prescription drugs. This is the most you would pay for the year for in-network covered Medicare Part A and Part B services.
<b>Inpatient hospital care</b>	\$275 copay per day for days 1 – 5 \$0 copay per day for days 6 and over	Our plan covers an unlimited number of days for a Medicare-covered inpatient hospital stay in a network hospital.
<b>Outpatient hospital services</b> <ul style="list-style-type: none"> <li>• Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery</li> </ul>	\$350 copay for each visit to an outpatient hospital facility \$0 copay for observation services \$85 copay for each visit to an emergency room (this copay is waived if you are admitted to the hospital within one day for the same condition)	Our plan covers medically necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury.
<b>Outpatient surgery</b>	\$200 copay for each visit to an ambulatory surgical center \$350 copay for each visit to an outpatient hospital facility	
<b>Doctor visits</b> <ul style="list-style-type: none"> <li>• Primary care physician</li> <li>• Specialists</li> </ul>	\$5 copay per visit \$15 copay per visit	<b>A referral from your doctor may be required for Specialist visits.</b>
<b>Preventive care</b>	\$0 copay	Any additional preventive services approved by Medicare during the contract year will be covered.
<b>Emergency care</b>	\$85 copay per visit No combined annual limit for emergency care and urgently needed services outside the United States and its territories	This copay is waived if you are admitted to a hospital within one day for the same condition. Worldwide coverage.

# Summary of benefits (cont'd)

Blue Shield Inspire (HMO)  
Alameda County

January 1, 2021 - December 31, 2021

Premiums and benefits	You pay	What you should know
<p><b>Urgently needed services</b></p>	<p>\$15 copay for each visit to a network urgent care center within your plan service area</p> <p>\$15 copay for each visit to an urgent care center or physician office outside your plan service area but within the United States and its territories</p> <p>\$85 copay for each visit to an emergency room outside of the plan service area but within the United States and its territories</p> <p>\$85 copay for each visit to an emergency room, urgent care center, or physician office that is outside of the United States and its territories.</p> <p>No combined annual limit for emergency care and urgently needed services outside the United States and its territories</p>	<p>Worldwide coverage.</p>
<p><b>Diagnostic services, labs, and imaging</b></p> <ul style="list-style-type: none"> <li>• Diagnostic radiology services (such as MRIs, CT scans, PET scans, etc.)</li> <li>• Lab services</li> <li>• Diagnostic tests and procedures</li> <li>• Outpatient X-rays</li> <li>• Therapeutic radiology services (such as radiation treatment for cancer)</li> </ul>	<p>\$70 copay for each diagnostic radiology service</p> <p>\$0 copay</p> <p>\$0 copay</p> <p>\$0 copay</p> <p>20% coinsurance for each therapeutic radiology service</p>	<p><b>A referral from your doctor may be required for diagnostic services, labs and imaging services.</b></p> <p>Covered according to Medicare guidelines.</p> <p>While you pay 20% coinsurance for therapeutic radiology services, you will never pay more than your \$5,000 total out-of-pocket maximum for the year.</p>

# Summary of benefits (cont'd)

Blue Shield Inspire (HMO)  
Alameda County

January 1, 2021 - December 31, 2021

Premiums and benefits	You pay	What you should know
<p><b>Hearing services</b></p> <ul style="list-style-type: none"> <li>• Hearing exam (Medicare-covered)</li>   <li>• Routine (non-Medicare covered) hearing exam</li>   <li>• Hearing aids</li> </ul>	<p>\$5 copay per visit if performed at your PCP's office</p> <p>\$15 copay per visit if performed at a specialist's office</p> <p>\$0 - \$15 copay per visit</p> <p>\$449 copay for each Basic Technology behind-the-ear hearing aid or \$699 copay for each Reserve Technology hearing aid</p>	<p><b>A referral from your doctor may be required for hearing services.</b></p> <p>Routine hearing exams are unlimited if provided by your doctor but are limited to one exam every 12 months with network hearing aid provider.</p> <p>Coverage is limited to 2 hearing aids per year.</p>
<p><b>Dental services</b></p>	<p>Covered with an additional plan premium</p>	<p>See optional supplemental dental HMO and PPO plans for more information about dental services for an extra plan premium.</p>

# Summary of benefits (cont'd)

Blue Shield Inspire (HMO)  
Alameda County

January 1, 2021 - December 31, 2021

Premiums and benefits	You pay	What you should know
<b>Vision services</b> <ul style="list-style-type: none"> <li>• Exam to diagnose and treat diseases and conditions of the eye</li> <li>• Routine eye exam and refraction</li> <li>• Eyeglass frames</li> <li>• Eyeglass lenses</li> </ul>	<p>\$15 copay for each Medicare-covered visit</p> <p>\$10 copay per visit</p> <p>\$20 copay</p> <p>\$20 copay</p>	<p><b>A referral from your doctor may be required for an exam and treat diseases and conditions of the eye.</b></p> <p>One visit every 12 months with network provider. Some coverage at non-network providers included; see the plan EOC for details.</p> <p>Our plan pays up to \$100 for one pair of eyeglass frames every 24 months when obtained from a network provider. Some coverage at non-network providers included; see the plan EOC for details.</p> <p>Our plan pays for one pair of prescription eyeglass lenses every 12 months when obtained from a network provider. Some coverage at non-network providers included; see the plan EOC for details.</p>
<b>Mental health services</b> <ul style="list-style-type: none"> <li>• Inpatient mental health care</li> <li>• Outpatient group therapy visit</li> <li>• Outpatient individual therapy visit</li> </ul>	<p>\$900 copay per Medicare-covered stay</p> <p>\$30 copay per visit</p> <p>\$30 copay per visit</p>	<p><b>A referral from your doctor may be required for mental health services.</b></p> <p>A benefit period starts the day you go into a hospital or skilled nursing facility. It ends when you go for 60 days in a row without hospital or skilled nursing care.</p> <p>If you go into the hospital after one benefit period has ended, a new benefit period begins.</p>

# Summary of benefits (cont'd)

Blue Shield Inspire (HMO)  
Alameda County

January 1, 2021 - December 31, 2021

Premiums and benefits	You pay	What you should know
<b>Skilled nursing facility (SNF) care</b>	\$0 copay per day for days 1 - 20 \$145 copay per day for days 21 - 100	<b>A referral from your doctor may be required for skilled nursing facility care.</b> 100 days per benefit period; no prior hospitalization required with network provider. A benefit period starts the day you go into a hospital or skilled nursing facility. It ends when you go for 60 days in a row without hospital or skilled nursing care. If you go into the hospital after one benefit period has ended, a new benefit period begins.
<b>Rehabilitation Services</b> • Occupational therapy • Physical therapy and speech and language therapy	\$15 copay per visit \$15 copay per visit	<b>A referral from your doctor may be required for rehabilitation services.</b>
<b>Ambulance</b>	\$250 copay per trip (each way)	
<b>Transportation</b>	Not covered	
<b>Medicare Part B Drugs</b>	20% coinsurance for chemotherapy/radiation drugs and other Part B drugs	Some Part B drugs may require a prior authorization from your doctor.

# Summary of benefits (cont'd)

Blue Shield Inspire (HMO)  
Alameda County

January 1, 2021 - December 31, 2021

## Additional benefits included in your plan

Premiums and benefits	You pay	What you should know
<b>Annual Physical Exam</b>	\$0 copay	One every 12 months.
<b>Special Supplemental Benefits for the Chronically Ill: Independence and Safe Mobility with AAA</b>	\$0 copay	This is a Special Supplemental Benefit for the Chronically Ill (SSBCI) which requires eligibility determination. You must meet one or more qualifying chronic conditions to receive this benefit. Please see the plan EOC for additional details.
<b>Opioid Treatment Program Services</b>	\$0 copay	
<b>Additional telehealth services</b>	\$0 copay	Teladoc Physicians can diagnose and treat basic medical conditions and can also prescribe certain medication.
<b>Foot care (podiatry services)</b> <ul style="list-style-type: none"> <li>• Foot exams and treatment</li> <li>• Routine (non-Medicare covered) foot care</li> </ul>	\$15 copay for each Medicare-covered visit  You will be reimbursed up to \$1,000 every year for routine foot care	<b>A referral from your doctor may be required for foot care services.</b>  You may obtain routine foot care at the provider of your choice.
<b>Diabetic Supplies &amp; Services</b> <ul style="list-style-type: none"> <li>• Blood glucose monitors</li> <li>• Diabetes self- management training, diabetic services and supplies</li> </ul>	\$0 copay for ACCU-CHEK blood glucose monitors and 20% coinsurance for blood glucose monitors from all other manufacturers  \$0 copay for all training, services and supplies except blood glucose monitors (see "Blood glucose monitors" above)	<b>A referral from your doctor may be required for diabetic supplies &amp; services.</b>  Prior authorization from the plan may be required for durable medical equipment, blood glucose monitors and test strips.  See the plan EOC for more information.
<b>Durable Medical Equipment (DME) and Related Supplies</b> <ul style="list-style-type: none"> <li>• Durable medical equipment (e.g., wheelchairs, oxygen)</li> </ul>	20% coinsurance	<b>A referral from your doctor may be required for durable supplies &amp; services.</b>  Prior authorization from the plan may be required for DME.  See the plan EOC for more information.



# Summary of benefits (cont'd)

Blue Shield Inspire (HMO)  
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January 1, 2021 - December 31, 2021

Premiums and benefits	You pay	What you should know
<b>Prosthetics/Medical Supplies</b> <ul style="list-style-type: none"> <li>• Prosthetics (e.g., braces, artificial limbs)</li> <li>• Medical supplies (e.g., splints, casts)</li> </ul>	20% coinsurance  \$0 copay	<b>A referral from your doctor may be required for prosthetics/medical supplies.</b>
<b>Health and Wellness programs</b> <ul style="list-style-type: none"> <li>• Basic gym access through SilverSneakers Fitness</li> <li>• NurseHelp 24/7<sup>SM</sup> (telephone and online support)</li> </ul>	\$0 copay  \$0 copay	
<b>Acupuncture (non-Medicare covered)</b>	\$0 copay per visit	Limited to 12 visits per year.
<b>Over-the-Counter Items</b>	You have a \$90 allowance per quarter to spend on covered items.	You can place one order per quarter and cannot roll over your unused allowance into the next quarter.
<b>Routine chiropractic services (non-Medicare covered)</b>	\$0 copay per visit	Limited to 12 visits per year.

# Prescription drug coverage

Blue Shield Inspire (HMO)  
Alameda County

January 1, 2021 - December 31, 2021

## You pay the following:

Part D prescription drug benefit						
<b>Stage 1: Annual Deductible Stage</b>	This stage does not apply because there is no deductible.					
<b>Stage 2: Initial Coverage Stage</b>	<b>Preferred retail cost-sharing (in-network)</b>			<b>Standard retail cost-sharing (in-network)<sup>^</sup></b>		
	<b>30-day supply</b>	<b>90-day supply<sup>*NDS</sup></b>	<b>100-day supply<sup>NDS</sup></b>	<b>30-day supply</b>	<b>90-day supply<sup>NDS</sup></b>	<b>100-day supply<sup>NDS</sup></b>
<b>Tier 1: Preferred Generic Drugs</b>	\$0 copay	See 100-day supply	\$0 copay	\$5 copay	See 100-day supply	\$5 copay
<b>Tier 2: Generic Drugs</b>	\$12 copay	\$18 copay	Not Covered	\$20 copay	\$60 copay	Not Covered
<b>Tier 3: Preferred Brand Drugs</b>	\$40 copay	\$100 copay	Not Covered	\$47 copay	\$141 copay	Not Covered
<b>Tier 4: Non- Preferred Drugs</b>	\$95 copay	\$237.50 copay	Not Covered	\$100 copay	\$300 copay	Not Covered
<b>Tier 5: Specialty Tier Drugs</b>	33% coinsurance	Not Covered	Not Covered	33% coinsurance	Not Covered	Not Covered

<sup>^</sup>If you reside in a long-term care facility, you pay the same as at an in-network standard retail cost-sharing pharmacy. There are limited situations where you may be able to get drugs from an out-of-network pharmacy at the same cost as an in-network standard retail cost-sharing pharmacy.

For more information on the additional pharmacy-specific cost-sharing and the phases of the benefit, please refer to the plan EOC.

\*90- and 100-day supply cost-sharing also applies to Blue Shield's mail service pharmacy.

**NDS** A long-term (up to a 90- or 100-day) supply is not available for select drugs. The drugs that are not available for a long-term supply are marked with the symbol NDS in our Drug List.

January 1, 2021 - December 31, 2021

## Part D prescription drug benefit

<b>Stage 3: Coverage Gap Stage</b>	Coverage for outpatient prescription drugs after the total yearly drug costs paid by both you and Blue Shield reach \$4,130, until your yearly out-of-pocket drug costs reach \$6,550	Tier 1: Preferred Generic Drugs are covered at the copays described above. For all other tiers, you pay 25% of the price for brand-name drugs (plus a portion of the dispensing fee) and 25% of the price for generic drugs until your year-to-date out-of-pocket drug costs total \$6,550, which is the end of the coverage gap stage. Whether a drug is considered generic or brand can be determined using the plan formulary.
<b>Stage 4: Catastrophic Coverage</b>	<p>After your yearly out-of-pocket drug costs (including drugs you bought through your retail pharmacy and through mail service) reach \$6,550, you pay the greater of:</p> <ul style="list-style-type: none"> <li>• 5% of the cost, or</li> <li>• \$3.70 copay for a generic drug (including brand-name drugs treated as generic) and a \$9.20 copay for all other drugs</li> </ul> <p>(This stage <b>protects</b> you from any additional costs once you have paid your yearly out-of-pocket drug costs.)</p>	





## Mail Service Pharmacy

CVS Caremark is our network mail service pharmacy where you may obtain a 90- or 100-day supply of maintenance drugs at a lower cost. They will be delivered to your home or office with no charge for shipping or delivery. Sign up at [caremark.com](http://caremark.com) or call (866) 346-7200 [TTY: 711].

Tier 5 drugs are limited to a 30-day supply by mail service.

## Network pharmacies that offer preferred cost-sharing

You may pay less when you visit one of our network pharmacies that offer preferred cost-sharing. Here's just a few:

- |   |                           |   |
|---|---------------------------|---|
| • CVS/pharmacy <sup>‡</sup><br>(including CVS pharmacy at Target) | (888) 607-4287 [TTY: 711] |  |
| • Safeway and Vons pharmacies <sup>‡</sup>                        | (877) 723-3929 [TTY: 711] |  |
| • Albertsons/Sav-on/Osco pharmacies <sup>‡</sup>                  | (877) 932-7948 [TTY: 711] |  |
| • Costco <sup>‡</sup>   | (800) 955-2292 [TTY: 711] |  |
| • Ralphs <sup>‡</sup> , Walmart <sup>‡</sup> and many more.       |                           |   |

You do not have to be a Costco member to use Costco Pharmacies.

<sup>‡</sup>Accepts e-prescribing

# Optional supplemental dental HMO and PPO plans

Blue Shield Inspire (HMO)  
Alameda County

## You pay the following:

Network access	Optional supplemental dental HMO	Optional supplemental dental PPO	
	Participating dentists only	Participating dentists	Non-participating dentists
Monthly optional supplemental dental plan premium	\$11.60	\$40.50	
Calendar year deductible per member (not applicable to diagnostic and preventive services)	\$0	You pay \$50 before major services begin	
Calendar year benefit maximum per member*	\$1,000 for covered endodontic, periodontic, and oral surgery services when performed by a network dental specialist.	\$1,500 for covered preventive and comprehensive dental services combined, no matter if the services are performed by a participating general dentist or a dental specialist. Up to \$1,000 of this maximum amount may be used for covered preventive and comprehensive dental services performed by non-participating dentists in a calendar year. You pay any amount above the \$1,500 calendar year benefit maximum.	
Waiting Period	No waiting period	No waiting period	

\*All services must be performed, prescribed or authorized by your network dentist. If you need to see a specialist, you must get a referral from your primary dentist to receive covered specialist services. Plan pays a maximum of \$1,000 per calendar year for covered specialist services. You are responsible for amounts above \$1,000. If you are enrolled in the optional supplemental dental PPO plan and you need to see a specialist, you may go directly to the specialist.

# Optional supplemental dental HMO and PPO plans (cont'd)

Blue Shield Inspire (HMO)  
Alameda County

Network access	Optional supplemental dental HMO	Optional supplemental dental PPO	
	Participating dentists only	Participating dentists	Non-participating dentists
<b>Summary list of services covered (ADA code)†</b>			
	<b>You pay</b>	<b>You pay</b>	<b>You pay</b>
<b>Diagnostic services</b>			
<b>Comprehensive oral exam (D0150)</b>	\$5 copay (2 visits in 12 months)	0% (2 visits in 12 months)	20% (2 visits in 12 months)
<b>Complete X-rays (D0210)</b>	\$0 copay (1 series every 24 months)	0% (1 series every 36 months)	20% (1 series every 36 months)
<b>Preventive care</b>			
<b>Prophylaxis – adult (D1110)</b>	\$5 copay (1 cleaning every 6 months)	0% (1 cleaning every 6 months)	20% (1 cleaning every 6 months)
<b>Restorative services</b>			
<b>One surface composite resin restoration – anterior (D2330)</b>	\$11 copay	20%	30%
<b>Crown (porcelain fused to noble metal) (D2750)</b>	\$275 copay‡	50%	50%
<b>Periodontics</b>	<b>For the optional supplemental dental HMO plan, your copayment will be higher if these services are performed by a specialist.</b>		
<b>Periodontal scaling &amp; root planing/four or more teeth per quadrant (D4341)</b>	\$45 copay	50%	50%
<b>Endodontics</b>	<b>For the optional supplemental dental HMO plan, your copayment will be higher if these services are performed by a specialist.</b>		
<b>Anterior root canal therapy (D3310)</b>	\$195 copay	50%	50%
<b>Molar tooth therapy (D3330)</b>	\$335 copay	50%	50%

† ADA codes are procedure codes established by the American Dental Association for efficient processing and reporting of dental claims.

‡ You pay the copayment plus the cost of precious or semi-precious metals. Porcelain on molar crowns is not a covered benefit.

## We're here to help

Contact Blue Shield at **(888) 534-4263** [TTY: 711]

**8 a.m. to 8 p.m., seven days a week, from October 1 through March 31, and 8 a.m. to 8 p.m., weekdays, from April 1 through September 30.**

Blue Shield of California is an HMO plan with a Medicare contract. Enrollment in Blue Shield of California depends on contract renewal.

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